

# Montsauche-les-Settons / Anost

## Grande Traversée du Massif Central per Mountainbike

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**Départ**  
Montsauche-les-Settons

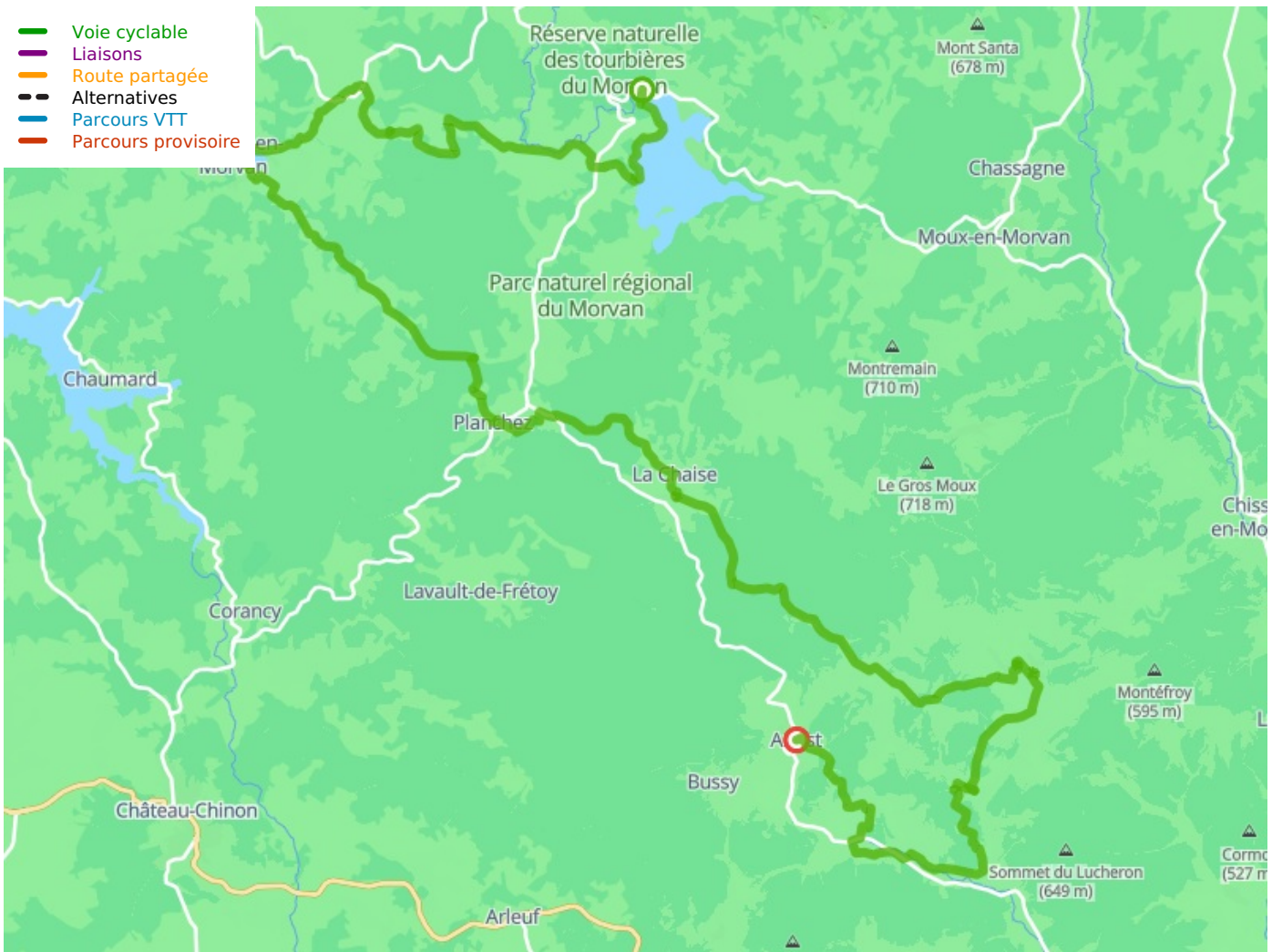
**Arrivée**  
Anost

**Durée**  
3 h 33 min

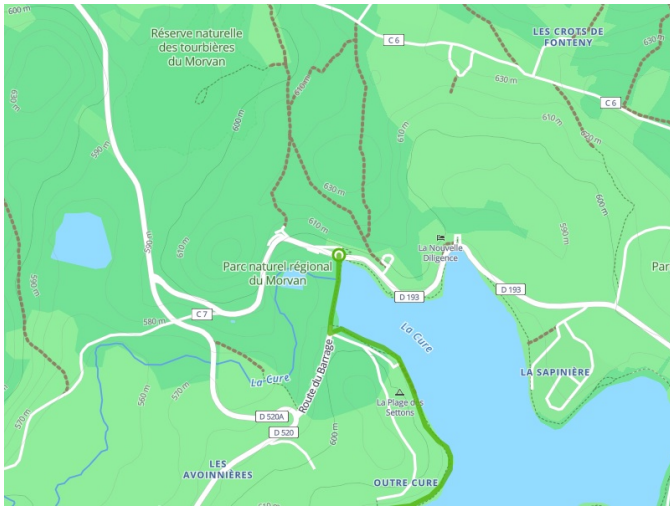
**Distance**  
53,39 Km

**Niveau**  
Anspruchsvoll

**Thématique**  
Im Wald, Natur &  
regionales Kulturerbe



**Départ**  
**Montsauche-les-Settons**



**Arrivée**  
**Anost**

